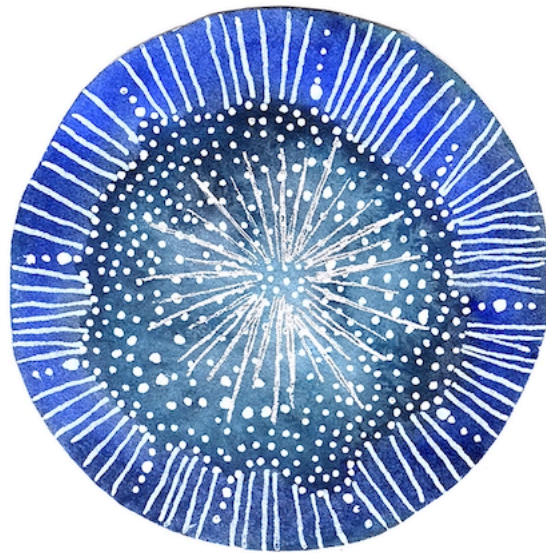


Meditative Art Into The Center



Supplies:

- 3-inch circles or squares cut out of watercolor paper or black watercolor paper. Template included.
- Scissors
- Sturdy cardboard or another surface to put your circles or squares on to dry.
- Watercolors
- Watercolor brushes, round #4 & #8.
- 2 water cups.
- Paper towels or rags.
- Uni-ball pens or Posca pens or other that are permanent/acrylic ink/pens in white, gold and silver.
- Fine line pen in black (Micronperm by Sakura or Micron by Sakura are permanent for black lines, Faber-Castell Pitt Pens F or S can be used also)